Monday	Tuesday	Wednesday	Thursday	Friday	RDC EATC
Did You Know? Breakfast and Lunch are FREE Menu is subject to ch This institution is an equal oppo Scan the QR code to information, allerger specific fruit & sa	for all students ange ortunity provider access nutrition information, and	1 Fish Stick Sub OR Veggie Meatball Sub Steamed Mixed Veg	2 BBQ Chicken Tender ^H with Cornbread OR Vegetable Hummus Wrap ^V ~ LOCAL Black Beans & Rice	3 Sal's Famous Cheese Pizza ^V OR Buffalo Chicken Pizza	MAY LUNCH MENU Milk Choices: Nonfat & 1% Unflavored Milk Menu Details: Sunbutter and Jelly Sandwich
6 Boston Burger ^H or Cheeseburger Grades 9-12 will be offered double patties OR LOCAL Boston Veggie Burger ^V ~ Crinkle-Cut Sweet Potato Fries	7 Chicken Pastelon with Dinner Roll OR Grilled Cheese ^V ~ Roasted Broccoli	Broccoli Alfredo with Penne Pasta ^V Roasted Carrots	9 Crispy Chicken Sandwich ^H OR Crispy Buffalo Tofu Sandwich ^V ~ Chickpea Salad	10 Sal's Famous Cheese Pizza ^V OR Sal's Garlic Pizza ^V	is offered daily •Themed salad bars are featured daily: •5/1-5/10: Asian Salad •5/13-5/24: Greek Salad •5/28-5/31: Fiesta Salad •LOCAL apples featured regularly •All grain products are whole grain-rich (WG) •Meats are lean and cheeses are low-fat
13 General Tso's Chicken ^H with Brown Rice OR General Tso's Tofu with Brown Rice ^V ~ Fresh Steamed Mixed Vegetables	14 Crispy Chicken Soft Tacos ^H OR Black Bean Soft Tacos ^V with Dragon Slaw & Cheddar Cheese ~ Roasted Corn	15 Chicken Bolognese OR Whole Grain Spaghetti with Mozzarella ^V ~ Roasted Zucchini	16 Chicken Quesadilla with Salsa & Sour Cream OR Roasted Veggie Quesadilla with Salsa & Sour Cream ~ Roasted Yucca Fries	17 Sals's Famous Cheese Pizza ^V OR Buffalo Chicken Pizza	 A variety of fruits offered daily with all entrees A variety of condiments are offered daily Menus are peanut aware "V" indicates vegetarian meal option "H" indicates halal version available
20 Boston Hamburger ^H or Cheeseburger <i>Grades</i> 9-12 will offer Double Patties OR LOCAL Boston Veggie Burger ^V ~ Roasted Carrots	21 Chicken Enchilada Pasta OR Grilled Cheese Tex-Mex Street Corn	Baja Fish Tacos with Dragon Slaw & Cheddar OR Cheese Bites with Marinara Sauce Roasted Broccoli	23 Chicken Parmesan Sandwich ^H OR Tofu Parmesan Sandwich ^V	24 Sal's Famous Cheese Pizza ^V OR Sal's Famous Garlic Pizza ^V	*Kosher meals are available upon request by families *Please note: If you have a food allergy please speak to the school nurse and advise your kitchen manager
27	28	29	30	31	LOCAL SEAFOOD Lunch Menu 1
NO SCHOOL	Chicken Sloppy Joe OR Mac & Cheese ^V ~ Roasted Carrots	Fish Stick Sub OR Greek-Style Veggie Meatball Sub ^V ~ Steamed Mixed Veg	BBQ Chicken Tender ^H with Cornbread OR Vegetable Hummus Wrap ^V ~ LOCAL Black Beans & Rice	Sal's Famous Cheese PizzaV OR Buffalo Chicken Pizza ~ 9-12: Roasted Carrots	MASSACHUSETTS FARM TO SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday	
Scan the QR code to information and all		Fish Stick Sub OR Veggie Meatball Sub	Chicken Tenders ^H with BBQ Sauce and Cucumber Slices Or Vegetable Hummus Wrap ^V ~ Orange	3 Sal's Famous Cheese Pizza ^V Cucumber Slices Banana	ľ
6 Boston Burger ^H or Cheeseburger or Local Boston Veggie Burger ^V ~ Crinkle-Cut Sweet Potato Fries Clementines	7 Chicken Pastelon with Dinner Roll OR Grilled Cheese Roasted Broccoli Apple	Broccoli Alfredo with Penne Pasta ^V Roasted Carrots Apple	9 Crispy Chicken Sandwich ^H OR Crispy Buffalo Tofu Sandwich ^V ~ Chickpea Salad Applesauce	10 Sals's Famous Cheese Pizza ^V ~ Cucumber Slices Banana	•1% •Loo •A •M
General Tso's Chicken ^H OR General Tso's Tofu with Cheese Stick ^V Brown Rice Steamed Mixed Vegetables Clementines	14 Crispy Chicken Soft Tacos ^H Or Black Bean Soft Tacos ^V with Dragon Slaw & Cheddar Cheese Roasted Corn Apple	15 Chicken Bolognese Or Whole Grain Spaghetti with Mozzarella ^V ~ Roasted Zucchini Apple	Chicken Quesadilla Or Roasted Veggie Quesadilla ~ Salsa & Sour Cream Roasted Yucca Fries Applesauce	17 Sals's Famous Cheese Pizza ^V ~ Cucumber Slices Banana	•"V •"Ko •Ple a sc
20 Boston Burger ^H or Cheeseburger or Local Boston Veggie Burger ^V Roasted Carrots Clementines	Grilled Cheese ^V Tex-Mex Street Corn Apple	Cheese Bites ^V with Marinara Sauce ~ Roasted Broccoli Apple	23 Chicken Parmesan Sandwich ^H Or Tofu Parmesan Sandwich and Cheese Stick ^V ~ Cucumber Slices Orange	24 Sal's Famous Cheese Pizza ^V ~ Cucumber Slices Banana	
27 NO SCHOOL	28 Macaroni & Cheese ^V Roasted Carrots Apple	29 Fish Stick Sub OR Greek-Style Veggie Meatball Sub Steamed Mixed Veg Apple	30 Chicken Tenders ^H with BBQ Sauce and Cucumber Slices Or Vegetable Hummus Wrap ^V ~ Orange	31 Sal's Famous Cheese Pizza Cucumber Slices Banana	Break M TI

BPS EATS MAY PRESCHOOL LUNCH MENU

Menu Details:

- 1% unflavored milk served with each meal
- •Local apples featured regularly
- •All grain products are whole grain-rich (WG)
 •Meats are lean and cheeses
- are low-fat
- Menus are peanut aware
- "V" indicates vegetarian meal option
- •"H" indicates halal version available at the following schools
- •Kosher meals available upon request by families
- Please note: If you have a food allergy please speak to the school nurse and advise your kitchen manager



LOCAL SEAFOOD

Did You Know?

reakfast and Lunch are **FREE** for all students

Menu is subject to change This institution is an equal opportunity provider