

MAY BREAKFAST MENU

Additional Daily Breakfast Options

***Pick Up to 2 Items** - Cinnamon Chex, Cheerios, Mozzarella Cheese Stick, Cinnamon Grahams, Hard Boiled Egg, Non-Fat Vanilla Yogurt, Jeff's Cinnamon Raisin Granola
***One item listed above can be paired with a smoothie, bagel, or muffin when these options are on the menu**

Additional Option - Cinnamon Zee Zee Bar


Milk Choices:

Nonfat & 1% Unflavored Milk

Menu Details:

- All grain products are whole grain-rich (WG)
- Meats are lean and cheeses are low-fat
- A variety of fruits offered daily with all entrees
- Menus are peanut aware
- “V” indicates vegetarian meal option
- “H” indicates halal version available
- Kosher meals are available upon request by families
- Please note: If you have a food allergy please speak to the school nurse and advise your kitchen manager



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Scan the QR code to access nutrition information, allergen information, and specific fruit offerings</p> <p>Did You Know? Breakfast and Lunch are FREE for all students Menu is subject to change This institution is an equal opportunity provider</p> 		<p>1 Homemade Blueberry Muffin^V and choice of one additional item ~ Wild Fruit Smoothie^V and choice of one additional item</p>	<p>2 Veggie Egg Bake with Biscuit^V ~ Purple People Eater Smoothie^V with choice of one additional item</p>	<p>3 Cinnamon Brown Sugar Oatmeal^V ~ Green Monster Smoothie^V and choice of one additional item</p>
<p>6 French Toast Bites^V</p>	<p>7 Egg, Sausage & Cheese Sandwich^H ~ Strawberry Banana Smoothie^V and choice of one additional item</p>	<p>8 Homemade Banana Oat Muffin^V and choice of one additional item ~ Green Monster Smoothie^V and choice of one additional item</p>	<p>9 Egg Quesadilla^V ~ Cocoa Banana Smoothie^V and choice of one additional item</p>	<p>10 Whole Grain Bagel^V with Sunbutter or Cream Cheese and choice of one additional item ~ Purple People Eater Smoothie^V and choice of one additional item</p>
<p>13 Berry Parfait with Granola^V</p>	<p>14 Cheesy Bake with Biscuit & Hash Browns^V ~ Strawberry Banana Smoothie^V and choice of one additional item</p>	<p>15 Homemade Blueberry Muffin^V and choice of one additional item ~ Wild Fruit Smoothie^V and choice of one additional item</p>	<p>16 Veggie Egg Bake with Biscuit^V ~ Purple People Eater Smoothie^V with choice of one additional item</p>	<p>17 Cinnamon Brown Sugar Oatmeal^V ~ Green Monster Smoothie^V and choice of one additional item</p>
<p>20 French Toast Bites^V</p>	<p>21 Egg, Sausage & Cheese Sandwich^H ~ Strawberry Banana Smoothie^V and choice of one additional item</p>	<p>22 Homemade Banana Oat Muffin^V and choice of one additional item ~ Green Monster Smoothie^V and choice of one additional item</p>	<p>23 Egg Quesadilla^V ~ Cocoa Banana Smoothie^V and choice of one additional item</p>	<p>24 Whole Grain Bagel^V with Sunbutter or Cream Cheese and choice of one additional item ~ Purple People Eater Smoothie^V and choice of one additional item</p>
<p>27 NO SCHOOL</p>	<p>28 Cheesy Bake with Biscuit & Hash Browns^V ~ Strawberry Banana Smoothie^V and choice of one additional item</p>	<p>29 Homemade Blueberry Muffin^V and choice of one additional item ~ Wild Fruit Smoothie^V and choice of one additional item</p>	<p>30 Veggie Egg Bake with Biscuit^V ~ Purple People Eater Smoothie^V with choice of one additional item</p>	<p>31 Cinnamon Brown Sugar Oatmeal^V ~ Green Monster Smoothie^V and choice of one additional item</p>

MAY PRESCHOOL BREAKFAST MENU

Menu Details:

- 1% unflavored milk served with each meal
- Local apples featured regularly
 - All grain products are whole grain-rich (WG)
- Meats are lean and cheeses are low-fat
 - Menus are peanut aware
- “V” indicates vegetarian meal option
- “H” indicates halal version available
- Kosher meals are available upon request by families



Did You Know?

Breakfast and Lunch are **FREE** for all students
Menu is subject to change
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Scan the QR code to access nutrition information and allergen information 		1 Homemade Blueberry Muffin ^V Apple	2 Veggie Egg Bake with Biscuit ^V Banana	3 Cinnamon Brown Sugar Oatmeal ^V Banana
6 French Toast Bites ^V Clementines	7 Egg, Sausage & Cheese Sandwich ^H Apple	8 Homemade Banana Oat Muffin ^V Orange	9 Egg Quesadilla ^V Banana	10 Whole Grain Bagel ^V with Cream Cheese Banana
13 Vanilla Yogurt ^V Clementines	14 Cheesy Bake with Biscuit & Hash Browns ^V Apple	15 Homemade Blueberry Muffin ^V Apple	16 Veggie Egg Bake with Biscuit ^V Banana	17 Cinnamon Brown Sugar Oatmeal ^V Banana
20 French Toast Bites ^V Clementines	21 Egg, Sausage & Cheese Sandwich ^H Apple	22 Homemade Banana Oat Muffin ^V Orange	23 Egg Quesadilla ^V Banana	24 Whole Grain Bagel ^V with Cream Cheese Banana
27 NO SCHOOL	28 Cheesy Bake with Biscuit & Hash Browns ^V Apple	29 Homemade Blueberry Muffin ^V Apple	30 Veggie Egg Bake with Biscuit ^V Banana	31 Cinnamon Brown Sugar Oatmeal ^V Banana